



**UTTAR PRADESH UNIVERSITY OF MEDICAL SCIENCES  
SAIFAI, ETAWAH - 206130 (U.P.)**

Name .....

**Blood Sugar Chart**

Ward .....

CR No. ....

Bed No. ....

Date	Fasting	Post Break Fast	Pre Lunch	Post Lunch	Pre Dinner	Post Dinner	2:00 A.M.	Break Fast INSULIN		Lunch INSULIN	Dinner INSULIN	
								NPH	<i>Plain</i>	<i>Plain</i>	NPH	<i>Plain</i>